



NEWSLETTER 4

Spring Term '19

Thursday 31st January 2019

Change4Life Sugar Swaps



Nationally 34% of children leaving primary school are overweight, Change4Life has launched a new campaign, "make a swap when you next shop", encouraging families to cut back on the amount of sugar they consume. All our children will be bringing home a Change 4 Life booklet full of healthy tips; you can also follow this link to simple healthy recipes for the family:

https://campaignstorage.blob.core.windows.net/schools/production/uploads/ckeditor/attachments/230/Change4Life_recipe_idea_print-outs.pdf

Word and Grammar of the Week

We thought we would share our word and grammar of the week with you, so that you can further help your children with their English skills:

You're fabulous, aren't you? ✓
not

Your fabulous, aren't you? ×

Word of the Week

reminisce

The Big Monster Hunt

Visit your local library to take part in 'The Big Monster Hunt' this February. Your children will have heaps of fun searching for the hidden monsters and collecting secret words. Children should fill in the entry form, show it to the library reception desk to receive a prize and then bring it back to their teacher by March 1st; the more we get back in school the more chance we have of winning free books for school! For more information about helping children to read go to: <https://literacytrust.org.uk/communities/nottingham/>



ESOL Course

Please see Miss Cannop at the office if you would like to come to our ESOL (English for Speakers of Other Languages) course, which starts next week on Wednesday 6th February. Your level of spoken English doesn't matter, all parents are welcome to join in and learn; spaces are limited so be quick to let us know!

Children's Mental Health Week

Next week is Children's Mental Health week follow this link for lots of valuable information: <http://mellersprimary.co.uk/news/childrens-mental-health-week--4th-8th-february-2019>

Ofsted Feedback

We're thrilled to be able to tell you that yesterday's inspection went really well. I can't say too much until the letter to parents comes out in 2 weeks, but we're very pleased. Thank you for all your support!

Sickness Bug

We have had to send a high number of children home this week with a nasty sickness bug. Please be on the lookout for symptoms such as high temperatures and seek medical advice if necessary, then please let school know if your child is going to be absent.

Have a lovely weekend!

Amanda Dawson,
Headteacher

New School Meal Menu Coming Soon

Our school kitchen will soon be making a variety of new school meals when the menu changes in April! We'll let you know what's going to be served soon, but in the meantime Miss Bailey, our cook, is trialling a new veggie burger next Thursday 7th February, served in a bun with mixed salad and sweetcorn with ketchup on the side, there'll be ice cream and fruit for pudding too! If your child usually brings a packed lunch but would like to stay for dinners that day please let the school office know and bring your payment in by Monday, thank you.