



Mellers PSHE and RSE Long Term Plan



	F1/F2	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1 7 Wks	Friendships & Sharing Star of the Week - Weekly	Success in Schools/First Aid for Feelings- 5 Sessions Circle Time- 2 sessions Star of the Week - Weekly	Success in Schools/First Aid for Feelings-3 sessions Alternate classes Circle Time – 3 sessions Alternate classes Star of the Week- Weekly	Success in Schools/ First Aid for Feelings Phase 1 Alternate classes Circle Time- 3 sessions Alternate classes	Success in Schools/ First Aid for Feelings Phase 1 Alternate classes Circle Time- 3 sessions Alternate classes	Success in Schools/ First Aid for Feelings Phase 2 Alternate classes Circle Time- 3 sessions Alternate classes	Success in Schools/ First Aid for Feelings Phase 2- 5 sessions Street Aware Work Circle Time- 2 sessions
World Mental Health Day							
Autumn 2 7 Wks	Drug education Star of the Week - Weekly	Success in Schools /First Aid for Feelings- 5 Sessions Circle Time- 2 sessions Drug education Star of the Week - Weekly	Success in Schools /First Aid for Feelings- 5 Sessions Circle Time- 2 sessions Drug education Star of the Week - Weekly	Success in Schools/ First Aid for Feelings Phase 1 Alternate classes Circle Time- 3 sessions Alternate classes Drug education	Success in Schools/ First Aid for Feelings Phase 1 Alternate classes Circle Time- 3 sessions Alternate classes Drug education	Success in Schools/ First Aid for Feelings Phase 2 Alternate classes Circle Time- 3 sessions Alternate classes Drug education	Success in Schools/ First Aid for Feelings Phase 2- 5 sessions Circle Time- 2 sessions Drug education
Anti-bullying Week							

Spring 1	Health & Hygiene	Success in Schools /First Aid for Feelings- 4 Sessions	Success in Schools /First Aid for Feelings- 4 Sessions	Success in Schools/ First Aid for Feelings Phase 2 Alternate classes	Success in Schools/ First Aid for Feelings Phase 2 Alternate classes	Success in Schools/ First Aid For Feelings Phase 3 Alternate classes	Success in Schools/ First Aid For Feelings Phase 3- 5 sessions
		Circle Time- 2 sessions	Circle Time- 2 sessions	Circle Time- 2 sessions Alternate classes	Circle Time- 2 sessions Alternate classes	Circle Time- 2 sessions Alternate classes	Circle Time- 2 sessions
6 Wks	Star of the Week - Weekly	Star of the Week- Weekly	Star of the Week - Weekly				
		Compliments Jar-Once a half term					
Child Mental Health Week (Place2be)							
Spring 2	Sex & Relationships Education	Success in Schools /First Aid for Feelings- 4 Sessions	Success in Schools /First Aid for Feelings- 4 Sessions	Success in Schools/ First Aid for Feelings Phase 2 Alternate classes	Success in Schools/ First Aid for Feelings Phase 2 Alternate classes	Success in Schools/ First Aid for Feelings Phase 3 Alternate classes	Success in Schools/ First Aid for Feelings Phase 3- 5 sessions
		Circle Time- 2 sessions	Circle Time- 2 sessions	Circle Time- 2 sessions Alternate classes	Circle Time- 2 sessions Alternate classes	Circle Time- 2 sessions Alternate classes	Circle Time- 2 sessions
6 Wks	Star of the Week - Weekly	Star of the Week- Weekly	Star of the Week - Weekly				
		Compliments Jar-Once a half term					

Summer 1	Feelings & Emotions – Link to Success in Schools	Success in Schools /First Aid for Feelings- 5 Sessions	Success in Schools Revisit Helpful Tools	Success in Schools Revisit Helpful Tools	Success in Schools Revisit Helpful Tools	Success in Schools Revisit Helpful Tools	Success in Schools Revisit Helpful Tools
	Star of the Week Weekly	Circle Time- 2 sessions	Circle Time- 2 sessions	Alternate classes	Alternate classes	Alternate classes	Circle Time- 2 sessions
		Star of the Week- Weekly	Star of the Week- Weekly	Circle Time- 2 sessions Alternate classes	Circle Time- 2 sessions Alternate classes	Circle Time- 2 sessions Alternate classes	Circle Time- 2 sessions Alternate classes
5 Wks	Compliments Jar-Once a half term						
SATS Week							
Summer 2	Sex & Relationships Education	Sex & Relationships Education	Sex & Relationship Education	Sex & Relationship Education	Sex & Relationship Education	Sex & Relationship Education	Sex & Relationship Education
		Success in Schools Phase 2	Success in Schools Revisit Helpful Tools	Success in Schools Revisit Helpful Tools	Success in Schools Revisit Helpful Tools	Success in Schools- Transition tools	Success in Schools- Transition tools
		Circle Time- 2 sessions	Circle Time- 2 sessions	Alternate classes	Alternate classes	Alternate classes	Circle Time- 2 sessions
8 Wks	Star of the Week- Weekly	Star of the Week- Weekly	Circle Time- 2 sessions Alternate classes	Circle Time- 2 sessions Alternate classes	Circle Time- 2 sessions Alternate classes	Circle Time- 2 sessions Alternate classes	
Compliments Jar-Once a half term							