

## Mellers PSHE and RSE Long Term Plan



	F1/F2	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6	
າ 1	Friendships &	Success in	Success in	Success in Schools/	Success in Schools/	Success in Schools/	Success in Schools/	
Ē	Sharing	Schools/First Aid for	Schools/First Aid for	First Aid for Feelings	First Aid for Feelings	First Aid for Feelings	First Aid for Feelings	
Autumn 1		Feelings- 5 Sessions	Feelings-3 sessions	Phase 1	Phase 1	Phase 2	Phase 2-5 sessions	
⋖			Alternate classes	Alternate classes	Alternate classes	Alternate classes		
		Circle Time- 2					Street Aware Work	
7 Wks		sessions	Circle Time – 3	Circle Time- 3	Circle Time- 3	Circle Time- 3		
7 7 7 7 7 7 7			sessions	sessions	sessions	sessions	Circle Time- 2	
	Star of the Week -	Star of the Week -	Alternate classes	Alternate classes	Alternate classes	Alternate classes	sessions	
	Weekly	Weekly						
			Star of the Week-					
			Weekly					
				Compliments Jar-Once a half term				
			W	orld Mental Health Da	ау			
2 ر	Drug education	Success in Schools	Success in Schools	Success in Schools/	Success in Schools/	Success in Schools/	Success in Schools/	
Autumn 2		/First Aid for	/First Aid for	First Aid for Feelings	First Aid for Feelings	First Aid for Feelings	First Aid for Feelings	
utı		Feelings- 5 Sessions	Feelings- 5 Sessions	Phase 1	Phase 1	Phase 2	Phase 2-5 sessions	
⋖				Alternate classes	Alternate classes	Alternate classes		
		Circle Time- 2	Circle Time- 2				Circle Time- 2	
		sessions	sessions	Circle Time- 3	Circle Time- 3	Circle Time- 3	sessions	
				sessions	sessions	sessions		
		Drug education	Drug education	Alternate classes	Alternate classes	Alternate classes	Drug education	
	Star of the Week -							
7 Wks	Weekly	Star of the Week -	Star of the Week -	Drug education	Drug education	Drug education		
7 77110		Weekly	Weekly					
					Compliments Jar	-Once a half term		
Anti-bullying Week								

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	g 1	Health & Hygiene	Success in Schools	Success in Schools	Success in Schools/	Success in Schools/	Success in Schools/	Success in Schools/	
	Spring 1		/First Aid for	/First Aid for	First Aid for Feelings	First Aid for Feelings	First Aid For Feelings	First Aid For Feelings	
	Sp		Feelings- 4 Sessions	Feelings- 4 Sessions	Phase 2	Phase 2	Phase 3	Phase 3-5 sessions	
					Alternate classes	Alternate classes	Alternate classes		
			Circle Time- 2	Circle Time- 2				Circle Time- 2	
			sessions	sessions	Circle Time- 2	Circle Time- 2	Circle Time- 2	sessions	
					sessions	sessions	sessions		
		Star of the Week -	Star of the Week-	Star of the Week -	Alternate classes	Alternate classes	Alternate classes		
		Weekly	Weekly	Weekly					
		,	,	,					
	6 Wks				Compliments Jar-Once a half term				
				Child Montal Hoalth					
		Child Mental Health Week (Place2be)							
					Week (Flacezoe)				
	2 2	Sex & Relationships	Success in Schools	Success in Schools	Success in Schools/	Success in Schools/	Success in Schools/	Success in Schools/	
	ing 2	Sex & Relationships Education	Success in Schools /First Aid for		· · ·	•	•	<u>-</u>	
	Spring 2	•	/First Aid for	Success in Schools /First Aid for	Success in Schools/	•	•	<u>-</u>	
_	Spring 2	•		Success in Schools	Success in Schools/ First Aid for Feelings	First Aid for Feelings	First Aid for Feelings	First Aid for Feelings	
-	Spring 2	•	/First Aid for Feelings- 4 Sessions	Success in Schools /First Aid for Feelings- 4 Sessions	Success in Schools/ First Aid for Feelings Phase 2	First Aid for Feelings Phase 2	First Aid for Feelings Phase 3	First Aid for Feelings	
-	Spring 2	Education	/First Aid for Feelings- 4 Sessions Circle Time- 2	Success in Schools /First Aid for Feelings- 4 Sessions Circle Time- 2	Success in Schools/ First Aid for Feelings Phase 2 Alternate classes	First Aid for Feelings Phase 2	First Aid for Feelings Phase 3	First Aid for Feelings Phase 3- 5 sessions Circle Time- 2	
	Spring 2	Education  Star of the Week -	/First Aid for Feelings- 4 Sessions	Success in Schools /First Aid for Feelings- 4 Sessions	Success in Schools/ First Aid for Feelings Phase 2 Alternate classes Circle Time- 2	First Aid for Feelings Phase 2 Alternate classes Circle Time- 2	First Aid for Feelings Phase 3 Alternate classes Circle Time- 2	First Aid for Feelings Phase 3- 5 sessions	
		Education  Star of the Week -	/First Aid for Feelings- 4 Sessions Circle Time- 2 sessions	Success in Schools /First Aid for Feelings- 4 Sessions Circle Time- 2 sessions	Success in Schools/ First Aid for Feelings Phase 2 Alternate classes Circle Time- 2 sessions	First Aid for Feelings Phase 2 Alternate classes Circle Time- 2 sessions	First Aid for Feelings Phase 3 Alternate classes Circle Time- 2 sessions	First Aid for Feelings Phase 3- 5 sessions Circle Time- 2	
_		Education  Star of the Week -	/First Aid for Feelings- 4 Sessions Circle Time- 2 sessions Star of the Week-	Success in Schools /First Aid for Feelings- 4 Sessions Circle Time- 2 sessions Star of the Week -	Success in Schools/ First Aid for Feelings Phase 2 Alternate classes Circle Time- 2	First Aid for Feelings Phase 2 Alternate classes Circle Time- 2	First Aid for Feelings Phase 3 Alternate classes Circle Time- 2	First Aid for Feelings Phase 3- 5 sessions Circle Time- 2	
		Education  Star of the Week -	/First Aid for Feelings- 4 Sessions Circle Time- 2 sessions	Success in Schools /First Aid for Feelings- 4 Sessions Circle Time- 2 sessions	Success in Schools/ First Aid for Feelings Phase 2 Alternate classes Circle Time- 2 sessions	First Aid for Feelings Phase 2 Alternate classes  Circle Time- 2 sessions Alternate classes	First Aid for Feelings Phase 3 Alternate classes Circle Time- 2 sessions	First Aid for Feelings Phase 3- 5 sessions Circle Time- 2	

ner 1	Feelings & Emotions – Link to	Success in Schools /First Aid for	Success in Schools Revisit Helpful					
Summer 1	Success in Schools	Feelings- 5 Sessions	Tools	Tools	Tools	Tools	Tools	
	Star of the Week - Weekly	Circle Time- 2 sessions	Circle Time- 2 sessions	Alternate classes	Alternate classes	Alternate classes	Circle Time- 2 sessions	
				Circle Time- 2	Circle Time- 2	Circle Time- 2		
		Star of the Week-	Star of the Week-	sessions	sessions	sessions		
5 Wks		Weekly	Weekly	Alternate classes	Alternate classes	Alternate classes		
					Compliments Ja	r-Once a half term		
	SATS Week							
r 2	Sex & Relationships	Sex & Relationships	Sex & Relationship					
me	Education	Education	Education	Education	Education	Education	Education	
Summer 2								
Š		Success in Schools	Success in Schools	Success in Schools	Success in Schools	Success in Schools-	Success in Schools-	
		Phase 2	Revisit Helpful	Revisit Helpful	Revisit Helpful	Transition tools	Transition tools	
			Tools	Tools	Tools			
		Circle Time- 2						
8 Wks		sessions	Circle Time- 2 sessions	Alternate classes	Alternate classes	Alternate classes	Circle Time- 2 sessions	
		Star of the Week-		Circle Time- 2	Circle Time- 2	Circle Time- 2		
		Weekly	Star of the Week-	sessions	sessions	sessions		
			Weekly	Alternate classes	Alternate classes	Alternate classes		
					Compliments Ja	r-Once a half term		