



Fine Motor Skills and Handwriting Long Term Plan



Week	Objective	Nelson Unit
Year One		
Autumn 1 1	Practising using scissors	
2	Practising colouring using pencil crayons	
3	Practising writing descenders	Book 1
4		Unit 1
5	Practising joining from the letter o	Book 1
6		Unit 2
Autumn 2 1	Practising joining from the letter e	Book 1
2		Unit 3
3	Practising joining from the letter l	Book 1
4		Unit 4
5	Practising joining from the letter w	Book 1
6		Unit 5
Spring 1 1	Practising using scissors	
2	Practising colouring using pencil crayons	
3	Joining from the letter i	Book 1
4		Unit 6
5	Practising diagonal joins to the letter y	Book 1
6		Unit 7
Spring 2 1	Practising joining from the letter a	Book 1
2		Unit 8
3	Practising joining to the letter k	Book 1
4		Unit 9
5	Practising writing with a slope	Book 1 Unit 10
6	Practising joining to the letter e	Book 1 Unit 11
Summer 1 1	Practising using scissors	
2	Practising colouring using pencil crayons	
3	Practising joining from the letter f	Book 1
4		unit 12
5	Practising writing silent letters	Book 1
6		Unit 13
Summer 2 1	Practising forming double letters correctly	Book 1 Unit 14
2	Practising spacing letters correctly	Book 1
3		Unit 15

4	Practising forming capital letters	Book 1 Unit 18
5		
6		
Year Two		
Autumn 1 1	Practising using scissors	
2	Practising colouring using pencil crayons	
3	Practising writing letters with ascenders in proportion	Book 1 Unit 16
4		
5	Practising forming capital letters	Book 1 Unit 18
6		
Autumn 2 1	Practising with punctuation	Book 1 Unit 20
2	Practising consistency in size and proportion of letters	Book 2 Unit 1
3	Practising using a diagonal joining line	Book 2 Unit 2
4		
5	Practising leaving an equal space between letters	Book 2 Unit 3
6		
Spring 1 1	Practising using scissors	
2	Practising colouring using pencil crayons	
3	Practising joining to the letter y	Book 2 Unit 4
4	Practising using a horizontal joining line	Book 2 Unit 5
5		
6	Practising the size and height of letters	Book 2 Unit 6
Spring 2 1	Practising joining from the letter i	Book 2 Unit 7
2	Practising joining to and from the letter v	Book 2 Unit 8
3	Practising consistency in forming and joining letters	Book 2 Unit 9
4	Practising speedwriting	Book 2 Unit 10
5		
6	Practising crossing double tt on completing the word	Book 2 Unit 11
Summer 1 1	Practising using scissors	
2	Practising colouring using pencil crayons	
3	Practising joining to and from the letter e	Book 2 Unit 12
4	Practising joining to and from the letter w	Book 2 Unit 13
5	Practising joining to the letter a and from the letter w	Book 2 Unit 14
6	Practising speedwriting	Book 2

		Unit 15
Summer 2 1	Practising printing	Book 2 Unit 16
2	Practising drafting and editing	Book 2 Unit 17
3	Practising speedwriting	Book 2 Unit 18
4	Practising joining to the letter t	Book 2 Unit 19
5	Practising printing and bubble writing	Book 2 Unit 20
6		
Year Three		
Autumn 1 1	Practising using scissors	
2	Practising colouring using pencil crayons Placement Test	Blue book 1, page 11
3	Practising writing descenders	Blue book 1 Unit 1
4		
5	Practising joining from the letter o	Blue book 1 Unit 2
6		
Autumn 2 1	Practising joining to the letter e	Blue book 1 Unit 3
2	Practising joining to the letter l	Blue book 1 Unit 4
3		
4	Practising joining from the letter w	Blue book 1 Unit 5
5		
6	Practising joining from the letter i	Blue book 1 Unit 6
Spring 1 1	Practising using scissors	
2	Practising colouring using pencil crayons	
3	Practising diagonal joins to the letter y	Blue book 1 Unit 7
4		
5	Practising joining from the letter a	Blue book 1 Unit 8
6	Practising joining to the letter k	Blue book 1 Unit 9
Spring 2 1		
2	Practising writing with a slope	Blue book 1 Unit 10
3		
4	Practising joining to the letter e	Blue book 1 Unit 11
5		
6	Practising joining from the letter f	Blue book 1 Unit 12
Summer 1 1	Practising using scissors	
2	Practising colouring using pencil crayons	
3	Practising joining from the letter f	Blue book 1

		Unit 12
4	Practising writing silent letters	Blue book 1 Unit 13
5	Practising joining double letters correctly	Blue book 1
6		Unit 14
Summer 2	Practising spacing letters consistently	Blue book 1 Unit 15
1	Practising writing letters with ascenders in proportion	Blue book 1
2		Unit 16
3		
4	Practising joining from the letter a	Blue book 1 Unit 17
5	Practising forming capital letters	Blue book 1 Unit 18
6	Practising writing decorated capital letters	Blue book 1 Unit 19
Year Four		
Autumn 1	Practising using scissors	
1	Practising colouring using pencil crayons	
2		
3		
4	Practising consistency in size and proportion of letters	Blue book 2 Unit 1
5	Practising using a diagonal joining line	Blue book 2
6		Unit 2
Autumn 2	Practising leaving an equal space between letters	Blue book 2 Unit 3
1	Practising joining to the letter y	Blue book 2
2		Unit 4
3		
4	Practising using a horizontal joining line	Blue book 2
5		Unit 5
6	Practising the size and height of letters	Blue book 2 Unit 6
Spring 1	Practising using scissors	
1	Practising colouring using pencil crayons	
2		
3		
4	Practising the size and height of letters	Blue book 2 Unit 7
5	Practising joining from the letter 'v'	Blue book 2
6		Unit 8
Spring 2	Practising consistency in forming and joining letters	Blue book 2 Unit 9
1	Practising speed writing	Blue book 2
2		Unit 10
3		
4	Practising crossing double 't' on completing the word	Blue book 2 Unit 11
5	Practising joining to and from the letter 'e'	Blue book 2 Unit 12
6	Practising joining to and from the letter 'w'	Blue book 2 Unit 13

Summer 1 1	Practising using scissors	
2	Practising colouring using pencil crayons	
3	Practising joining to and from the letter 'w'	Blue book 2 Unit 14
4	Practising printing	Blue book 2 Unit 16
5	Practising drafting and editing	Blue book 2 Unit 17
6		
Summer 2 1	Practising joining to the letter 't'	Blue book 2 Unit 19
2		
3	Practising consistency in forming and joining letters	Blue book 2 Unit 20
4		
5		
6		
Year Five		
Autumn 1 1	Practising using scissors	
2	Practising colouring using pencil crayons	
3	Ensuring letters are of a consistent height and size	Book 3 Unit 1
4		
5	Practising with punctuation	Book 3 Unit 2
6		
Autumn 2 1	Practising break letters	Book 3 Unit 3
2		
3	Practising joining from the letter 'm'	Book 3 Unit 4
4		
5	Ensuring the letter 't' is not as tall as other letters with an ascender	Book 3 Unit 5
6		
Spring 1 1	Practising using scissors	
2	Practising colouring using pencil crayons	
3	Practising spacing within words	Book 3 Unit 6
4		
5	Developing fluency	Book 3 Unit 7
6		
Spring 2 1	Practising printing	Book 3 Unit 9
2		
3	Practising forming and joining the letter 'f'	Book 3 Unit 10
4		
5	Practising presentation	Book 3 Unit 11
6		
Summer 1 1	Practising using scissors	

2	Practising colouring using pencil crayons	
3	Practising writing shape poems	Book 3
4		Unit 12
5	Practising printing	Book 3
6		Unit 13
Summer 2	Practising speedwriting	Book 3
1		Unit 14
2	Practising writing decorated capital letters	Book 3
3		Unit 15
4	Practising writing letters	Book 3
5		Unit 16
6		
Year Six		
Autumn 1	Practising using scissors	
1	Practising colouring using pencil crayons	
2		
3	Revising sloped writing	Book 4
4		Unit 1
5	Ensuring letters are consistent in height and size	Book 4
6		Unit 2
Autumn 2	Practising spacing	Book 4
1	Practising speedwriting	Unit 3
2		
3	To form capital letters correctly	Book 4
4		Unit 4
5		Book 4
6		Unit 6
Spring 1	Practising using scissors	
1	Practising colouring using pencil crayons	
2		
3	To practise fluency	Book 4
4		Unit 7
5	To practise paragraphs	Book 4
6		Unit 8
Spring 2	To practise keeping letters in the correct proportion	Book 4
1	To practise presentation	Unit 9
2		
3	To practise fluency	Book 4
4		Unit 10
5		Book 4
6		Unit 14
Summer 1	Practising using scissors	
1	Practising colouring using pencil crayons	
2		
3	To practise writing double letters	Book 4
4		Unit 15

5	To practise speedwriting	Book 4
6		Unit 16
Summer 2	To ensure letters are in the correct proportion	Book 4
1		Unit 17
2	To practise presentation	Book 4
3		Unit 18
4	To develop our own handwriting style	Book 4
5		Unit 20
6		