

Week: 1
Date:



For Allergen information please ask a member of the catering team.




Monday **Tuesday** **Wednesday** **Thursday** **Friday**

Meat free



Main

 Cumberland Vegan Sausage & Mash with Gravy and Carrots

Cajun Chicken with New Potatoes & Broccoli


Roast Pork & Stuffing, Gravy served with Organic Roast Potato & Vegetable Medley


Chicken Curry with Rice, Flatbread and Broccoli


MSC Salmon Fish Fingers served with Oven Chips and Baked Beans




Or


 Veggie Spaghetti Bolognese with Baguette Chunk and Carrots

 Cheese & Tomato Pizza served with Mixed Salad and Sweetcorn


 Quorn Roast & Gravy served with Organic Roast Potato & Vegetable Medley


Beef Spaghetti Bolognese with Baguette Chunk and Broccoli


 Cheese Snack served with Oven Chips and Baked Beans

 Cheese Sub Roll served with Carrot & Cucumber Sticks

Jacket Potato served with Tuna Mayonnaise and Sweetcorn

 Cheese Panini served with Mixed Salad

 Vegetable Lasagne with Baguette Chunk and Broccoli

 Jacket Potato served with Cheese & Baked Beans

Dessert

Ice Cream & Fruit

Lemon drizzle Cake

Oaty Cookie with Milk

Ham Sandwich served with Crunchy Carrot & Cucumber Sticks

Chocolate Orange Muffin

Fruit Flapjack

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad


Fresh Fruit Salad

Fresh Fruit Salad



Week: 2
Date:

School Name

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.



Monday

Tuesday


Wednesday

Thursday

Friday

Meat Free

Main


 Veggie Chick Pea Curry with Rice, Flatbread & Peas


BBQ Chicken served with Rice and Salad


Roast Beef served with Gravy, Yorkshire Pudding and Organic Roast Potatoes & Vegetable Medley

Jacket Potato with Bacon served with Baked Beans


MSC Fish served with Oven Chips Mushy Peas or Carrots


 Tomato & Basil Pasta served with Baguette Chunk and Peas

 Cheese & Tomato Pizza served with Homemade Coleslaw and Sweetcorn

 Quorn Roast, Yorkshire Pudding With Gravy served with Organic Roast Potatoes and Vegetable Medley


 Veggie Chilli on Jacket Potato with Sweetcorn


 Veggie Meatballs with Tomato Sauce, Oven Chips and Peas

 Cheese Sub Roll served with Crunchy Carrot & Cucumber Sticks

Jacket Potato served with Tuna Mayonnaise and Salad

Ham Sandwich served with Salad

 Tomato & Mascarpone Pasta served with Baguette Chunk and Sweetcorn

 Cheese & Tomato Panini served with Peas or Mixed Salad

Dessert

Angel Delight & Fruit

Toffee Banana Muffin
Toffee Apple Muffin

Shortbread with Milk

Carrot Cake

Chocolate Crunchies & Milk

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad



Week: 3
Date:

School Name

For Allergen information please ask a member of the catering team.



Monday

Tuesday


Wednesday

Thursday

Friday

Meat Free

Main


 Cheese Flan served with New Potatoes and Mixed Salad or Coleslaw


Tuna Pastry Parcel served with Boiled Potatoes and Sweetcorn


Roast Chicken served with Gravy, Stuffing and Organic Roast Potatoes & Vegetable Medley


Sausage & Mash served with Gravy and Broccoli


MSC Fish Fingers served with Oven Chips and Baked Beans


 Tomato & Mascarpone Pasta with Baguette Chunk and Mixed Salad


 Cheese & Tomato Pizza served with Sweetcorn & Mixed Salad


 Quorn Roast served with Gravy, Stuffing and Organic Roast Potatoes & Vegetable Medley


 Cumberland Vegan Sausage served with Gravy and Mash and Broccoli


 Vegan Mini Burger with Oven Chips and Baked Beans

 Jacket Potato served with Cheese & Mixed Salad


 Tomato & Basil Pasta served with Baguette Chunk & Mixed Salad

 Jacket Potato served with Cheese and Sweetcorn

 Cheese Spread Sandwich served with Carrot & Cucumber Sticks

 Jacket Potato served with Cheese & Baked Beans

Dessert

 Jelly & Fruit

Oaty Cookie (apricot)

Raisin Flapjack & Milk

Chocolate Brownie & Milk

Victoria Sponge (with Jam + Cream)

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

