

Weekly Menu Detail

February 2022 Wk 2 Gluten Free

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------------------|----------------------------------|--------------------------------------|--|---------------------------------------|
| Main | Main | Main | Main | Main |
| Vegetable Chick Pea Curry | Jacket Potato with Tuna | Quorn Roast & Gravy* | Veggie mince Chilli GF* | Fish Fingers GF* |
| | Mayonnaise (60)* | Contains Eggs | Contains Soybean | Contains Fish |
| Pasta with Tomato & Basil | Contains Fish | Contains Milk | Contains Celery /Celeriac | |
| sauce Gluten Free * | Contains Eggs | | | Veggie balls in Tomato Sauce * |
| May Contains Soybean | | Roast Beef Sliced) GF* | Jacket Potato with Beans* & bacon | Contains Soybean |
| Contains Milk | Cheese & Tomato Pizza | | | Sides |
| May Contains Lupin | Gluten Free base * | Gravy* | Pasta with Tomato | Tomato ketchup |
| Sides | Contains Milk | Sides | Mascarpone Sauce GF* | Carrots* |
| Peas* | BBQ Chicken fillet* Fresh | Roast Potatoes Org* | May Contains Soybean | |
| | GF/SF | | Contains Milk | Peas* |
| White Rice* | Sides | Vegetable Medley* | May Contains Lupin | |
| Dessert | | Dessert | Sides | Oven chips* |
| Fresh Fruit Salad* | Mixed Salad* | Shortbread Cookie DF & GF | Baked Beans* | |
| | White Rice* | CLONE | Jacket Potato half* | Mushy Peas* |
| Angel Delight & Fruit* | | Fresh Fruit Salad* | | Dessert |
| Contains Milk | Coleslaw * | | Sweetcorn* | Fresh Fruit Salad* |
| | Contains Eggs | | Dessert | |
| | Dessert | | Fresh Fruit Salad* | Shortbread Cookie DF & GF |
| | Fresh Fruit Salad* | | | CLONE |
| | Apple Muffin Gluten Free | | | |

Contains Eggs

Contains Milk

**Banana Muffin No Gluten or
egg or milk* CLONE**

Contains Soybean

Contains added Sulphur dioxide
and/ or sulphites at a level

>10mg/kg

Toffee Buttercream

Contains Milk