

## Mellers P.E. Long term plan

<b>Year Group/ Term</b>	<b>Year 1</b>	<b>Year 2</b>	<b>Year 3</b>	<b>Year 4</b>	<b>Year 5</b>	<b>Year 6</b>
<b>Autumn 1</b>	Multi skills	Invasion games	Invasion games Personal best challenge	Invasion games Personal best challenge	Invasion games Personal best challenge	Invasion games Personal best challenge
<b>Autumn 2</b>	Gymnastics	Gymnastics	Gymnastics Bleep test	Gymnastics Bleep test	Gymnastics Bleep test	Gymnastics Bleep test
<b>Spring 1</b>	Dance	Dance	Dance Personal best challenge	Dance Personal best challenge	Dance Personal best challenge	Dance Personal best challenge
<b>Spring 2</b>	Orienteering Invasion games	Orienteering Tennis	Orienteering Net & wall skills Bleep test	Orienteering Net & wall skills Bleep test	Orienteering Net & wall skills Bleep test	Orienteering Net & wall skills Bleep test
<b>Summer 1</b>	Striking & Fielding	Striking & Fielding	Striking & Fielding Personal best challenge	Striking & Fielding Personal best challenge	Striking & Fielding Personal best challenge	Striking & Fielding Personal best challenge
<b>Summer 2</b>	Athletics	Athletics	Athletics Bleep test	Athletics Bleep test	Athletics Bleep test	Athletics Bleep test